

Anne Marie James, MS, LPC
Licensed Professional Counselor
19363 Willamette Dr., #270
West Linn, OR 97068
(503) 502-5099

Professional Disclosure Statement

Philosophy: My counseling approach is based on cognitive-behavioral theory, using an eclectic range of therapeutic techniques within a warm, safe and supportive environment. Counseling for individual growth and change may focus on resolving grief and trauma, anxiety and stress reduction, anger management and conflict resolution, guided healing imagery, and enhancing relationship skills. Couples counseling helps dissolve destructive patterns and restores communication, trust, and a sense of meaningful connection. Counseling aims to integrate and strengthen inner resources, core beliefs and values.

Credentials: Oregon Licensed Professional Counselor #C1924. As a member of Oregon Licensed Professional Counselors, I subscribe to their Code of Ethics.

As an LPC, I participate in yearly continuing education as a condition of licensure.

Formal Education: I hold a M.S. in Counseling from Portland State University, specializing in Rehabilitation Counseling and Community Mental Health.

Major course work included emotional, mental, and relationship development over the lifespan, rehabilitation theory, and cultural awareness.

Counseling Fee: Individual or Couples Counseling is \$120.00 per 50-minute session. If necessary, please cancel 24 hours before a session. A \$35.00 charge will apply to cancellations, changes or no shows within 24 hours.

Client Bill of Rights

Consumers of counseling or therapy services offered by Oregon licensees have the right:

- (A) To expect that a licensee has met the minimal qualifications of training and experience required by state law;
- (B) To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
- (C) To obtain a copy of the Code of Ethics;
- (D) To report complaints to the Board;
- (E) To be informed of the cost of professional services before receiving the services;
- (F) To privacy as defined by rule and law, including the exceptions to confidentiality of information obtained in the course of services including: (i) reporting suspected child abuse; (ii) reporting imminent danger to client or others; (iii) reporting information required in court proceedings or by client's insurance company, or other relevant agencies; (iv) providing information concerning licensee case consultation or supervision; (v) and defending claims brought by clients against licensee.
- (G) To be free from the object of discrimination on the basis of race, religion, gender, or other unlawful category while receiving services.

You may contact the Board of Licensed Professional Counselors and Therapists at 3218 Pringle Road S.E., Ste. 120, Salem, Oregon 97302. Telephone: 503-378-5499. Email: lpct.board@mhra.oregon.gov. Website: www.oregon.gov/OBLPCT. Additional information about this counselor or therapist is available on the Board's website.